



Late Shri. Vishnu Waman Thakur Charitable Trust's
VIVA INSTITUTE OF PHARMACY
At. Shirgaon, Veer Sawarkar Road, Virar (E),
Taluka: Vasai, Dist. Palghar-401305, Maharashtra.
National Service Scheme (SH-11)



**Name of the Event: "EFFECT OF COVID-19 ON MENTAL HEALTH:
EXPLORING PRESENT AND FUTURE PERSPECTIVES."**

Date: 23-MAY-2020

Programme Summary/Details:

On May 23, 2020, a group of dedicated volunteers from the VIVA Institute, along with their Programme Officer, actively engaged in a one-day webinar and training session hosted by the ANURADHA COLLEGE OF PHARMACY. This virtual event delved into the critical topic of the "Effect of COVID-19 on Mental Health: Exploring Present and Future Perspectives." The participants were immersed in insightful discussions and expert-led presentations, gaining a profound understanding of the profound impact of the pandemic on mental health.

